



Portland South Primary School

"Reaching for the Stars to Achieve SUCCESS"

Star News

Website: www.portlandsthps.vic.edu.au

Email: portland.south.ps@edumail.vic.gov.au

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What an amazing start to the year! Last week I spent much of my time in the classrooms and supervising in the playground. It was obvious to see through the laughter and the play that the children were happy to be back at school (as I'm sure the parents were too— I was definitely happy to be back—I love routine!).

It was a pleasure to meet our new Foundation students and their families. They were all very excited. We also welcomed three new families to Portland South and I am sure that they are going to love all that Portland South PS offers.

I would like to take this opportunity to encourage you, as parents and carers, to feel very welcome at our school. At Portland South we understand that there are many advantages of having parents/carers involved in their child's schooling. In simple terms- We can't teach your child without you!

Feel free to touch base with your child's teacher whenever you can. Please give the school a call or make an appointment if you have any concerns at all.

Looking forward to an exciting and rewarding year as we celebrate the learning journey of all of our students.

Have a wonderful week,

Vicki

STUDENT LEADER ASSEMBLY

Friday 10th February

Please note that a special 'Student Leader Badge Presentation' will be held on February 10th at 2.45 pm. Parents, extended family and the whole school community are most welcome to attend.

NAMES OF LEADER RECIPIENTS— 2017

School Captains

Ben Whitehead & Kira-Lee Goodes

School Vice Captains

Katey Snoys & Jazzy Russell

Burswood Captains

Caleb Speight & Rachael Perry

Wando Captains

Kira-Lee Goodes & Jesse Kilpatrick

Prospect Captains

Ben Whitehead & Katey Snoys

NB: Reannah Jenkins can no longer fulfil her role as Burswood Captain.
Rachael Perry has been voted in by her peers as Burswood Captain for this year.

PLEASE NOTE THESE DATES-2017

Student Free Days for 2017

Friday 9th June
Monday 27th November
Curriculum Day—TBC

Public Holidays

Labour Day 13th March
Good Friday 14th April
Easter Monday 17th April
ANZAC Day 25th April
Queen's Birthday 12th June
Melbourne Cup 7th November

SUPERVISION BEFORE AND AFTER SCHOOL

**Students should arrive at school
between
8.40 and 8.50am**

**Please wait until the 8.50am bell to enter
the school buildings.**

Under DET guidelines the school provides supervision in the yard 10 minutes before the official start of school and 10 minutes after the completion of classes at the end of the day. To this effect there are staff members on yard duty from 8:40am each morning and 3:20pm following classes.

YARD SUPERVISION

**Supervision of students in the
playground takes place at the
following times on all school days:**

**8.40am to 8.50am
11am to 11.30am (morning play)
1.40pm to 2.20pm (lunch play)
3.20pm to 3.30pm**

School Fees 2017:

Our school fees for 2017 are \$210 per student. This includes the Cultural Program, Clubs Program and the Bus Levy which will cover the cost of most local excursions.

The cost for families who receive the CSEF grant is \$140.00

Statements will be sent out either today or tomorrow. Please check your statement as some families have credits received credit notes from last year's swimming program.

DATES FOR YOUR DIARIES

**Please also see the school website for dates for
Term 1: www.portlandsthps.vic.edu.au**

Term Dates 2017:

Term 1:

31st January to 31st March

Term 2:

18th April to 30th June

Term 3:

17th July to 22nd September

Term 4:

9th October to 22nd December

DATES FOR FEBRUARY

Friday 10th February

- Lunch Order Day
- School Leader Assembly— 2.45pm

Wednesday 15th February

- Rest day- Foundation students
- Ice Cream Sales

Friday 17th February

- Lunch Order Day
- Kate Howman's Retirement Function 5.30pm — any interested parents/carers are welcome to attend—\$15 per person (see Di at the Office to book in).

Tuesday 21st February

- Breakfast Program commences— 8.20am— 8.50am at Admella Hall.

Wednesday 22nd February

- Breakfast program—8.20am to 8.50am
- Last Rest day—Foundation Students
- Ice Cream Sales

Thursday 23rd February

- School Council Meeting 7pm

Friday 24th February

- Lunch Order Day

Tuesday 28th February

- Breakfast program—8.20am—8.50am

Wellbeing Corner

BREAKFAST PROGRAM

A whole-school **Breakfast Program** will commence in Week 4 on Tuesdays and Wednesdays **from 8.20am to 8.40am**. This will be held in our hall.

Helpers are needed to run this program.

Please complete the reply slip at the base of this newsletter if you are able to assist—from 8.10am to 8.50am.



ICE CREAMS SALES



Ice Creams will be available to purchase on Wednesdays during Term 1

- Berri Quelch frozen fruit sticks - 50 cents**
- Bulla Frozen Yoghurt Icy Poles - \$1.50**
- Paddle Pops— \$1.50**
- Drumsticks - \$2.00**

BOOK CLUB

Book Club order forms have been sent home.

**Orders close on Tuesday
14th February.**

SPECIALIST PROGRAMS

- **Visual Art**
Tuesdays—Mrs Ryan
- **Library**
Wednesdays - Mrs Ryan
- **Physical Education & Sport**
Thursdays—Gr 2/3M—with Mrs Saunders



Indonesian classes will be conducted by the class teachers this year.

Students **MUST** have a smock (or old shirt) to wear in the art room and will require a library bag to bring their library books home in.

STUDENT BANKING

TUESDAY IS BANK DAY

New students will receive an Information Pack with today's newsletter.

How It Works

The School Banking program provides children with an opportunity to make deposits into their Youthsaver Account at school each Tuesday. The program is about how often your child makes deposits, not how much they deposit!

Students will receive a yellow Dollarmites wallet and deposit book to bring their money to school. Every deposit, regardless of amount, earns them a silver Dollarmites token. Once they've collected 10 tokens they can redeem them for a reward.

Setting up a Youthsaver Account

To get your child started, you will need to set them up with a Youthsaver account.

- **Online—visit commbank.com.au/schoolbanking**
- **At the Local Branch of the CBA**

Information Packs are available from the General Office.

Thank you to Leanne Warburton who has volunteered to be the Student Banking Co-Ordinator again this year.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

The CSEF grant will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

Eligibility

To be eligible for the fund, a parent or legal guardian of a student attending a registered Government or non-government Victorian primary or secondary school must:

- On the first day of Term one, or;
 - On the first day of Term two;
- (a) Be a holder of a Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pension Concession Card (PCC) holder, OR
- (b) Be a temporary foster parent, and;
- (c) Submit an application to the school by the due date.

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

Eligibility Date

For concession card holders, CSEF eligibility will be subject to the parent/legal guardian's concession card being successfully validated with Centrelink on the first day of either Term one (30th January 2017) or Term two (18 April 2017).

The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

Mrs Rogers sent application forms home last week of families who were in receipt of the grant last year. However, if you are eligible for this grant and have not received an application form, please call at the Office as soon as possible to complete the form.

Shared custody

The CSEF system only allows one application per student. Parents in shared custody situations are encouraged to make decisions as to who applies for the CSEF. Schools should not be put into the position of arbitrating in decisions such as this.

HEALTHY EATING POLICY

Just a reminder that Portland South PS has a "Healthy Eating Policy".

Please be reminded that chips and lollies are not permitted in lunchboxes - please see attached policy.



UPCOMING SCHOOL COUNCIL ELECTIONS

All government schools in Victoria have a School Council. They are legally constituted bodies that are given powers to set the key directions of a school within state-wide guidelines. In doing this, a School Council is able to directly influence the quality of education that the school provides for its students. Parents on School Councils provide important viewpoints and have valuable skills that can help shape the direction of the school. Those parents who become active on a School Council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging/engagement.

Each year, approximately half of the School Council retires to allow new members to become involved. To this end, we are now formally calling for nominations for the 2017/2018 Portland South Primary School Council. Membership on the council is for a period of two years and regular meetings are held monthly. Councillors will become involved in three sub-committees of council: Finance, Policy & Environment. If you would like to know more about being a councillor, don't hesitate to give me a call, or send an email to portland.south.ps@edumail.vic.gov.au.

In 2017, we have three parent vacancies on School Council for a full period of two years.

Nominations for School Council will close at 4.00pm on 1st March 2017.

Please contact Di or Vicki for a nomination form if you are interested. If we receive more nominations than positions available, an election process will follow in the coming weeks.

HEALTHY LIFESTYLES POLICY PORTLAND SOUTH PRIMARY SCHOOL

Rationale:

Healthy nutritional and physical habits are essential to the growth, development and learning of children.

Aims:

To develop within students an informed appreciation of healthy eating and exercise habits.

To ensure that any foods provided by the school are consistent with a healthy eating philosophy.

To ensure that children are provided with the opportunity to partake in physical activity at school.

To educate families about Healthy Lifestyle practices.

Implementation:

- The development of an appreciation of healthy foods, healthy eating habits, oral health and regular physical activity form part of our Health Promoting School strategy.
- Lessons relating to healthy foods, healthy eating, benefits of regular physical activity, oral health and less screen time will form part of each child's annual Health & Physical Education curriculum studies, in accordance with the Victorian Curriculum.
- The lunch provider (Short Street Milk Bar and Take Away) will promote a good selection of nutritious, tasty and attractive foods consistent with the 'Go For Your Life – Healthy Canteen Kit' and the Department of Education and Training (DET) Food Services Policy.
- Healthy foods and drinks will be available, where possible, to all students at activities such as sporting events, camps and excursions.
- **Snack foods that are high in salt, sugar and fat, such as lollies, chocolate and chips, are NOT permitted in lunchboxes. Parents are asked to use the nutrition label below to assist in selection of appropriate lunch-box foods.**
- **The school will ensure that a supply of drinkable water is available at the school at all times. Cordial and soft drink are NOT permitted at school.**
- Staff members will be encouraged to model healthy lifestyles whilst at school.
- Students will have access to their own water bottles during class lessons, and have permission to eat healthy foods such as fresh fruit and vegetables during defined periods within class time unless it is deemed by the classroom teacher to be inappropriate to do so.
- The school will maintain compliance with the DET's Physical and Sport Education in Schools policy
- Students will have access to play equipment and adequate play spaces at lunchtime and other breaks.
- Fund raising activities will not focus on the promotion of unhealthy foods that do not complement our healthy foods philosophy eg: chocolate bars or lamingtons.
- Staff members are to inform the principal of students who regularly appear to be provided with inadequate lunches and those who appear not to be having breakfast.
- Appropriate healthy lifestyles (diet, physical activity and limited screen time) will be promoted with flyers and information via the newsletter.
- Students will be encouraged to walk or ride to school where safe and appropriate. The school will promote walking or riding to school through a whole of school activity at least one day per term

We recommend that students who have not participated in Bike Ed should be accompanied by an adult when riding.

Compare items per 100g

	Best	OK	Poor
Total fat	0 – 3g	3.1 – 20g	20g +
Saturated fat	0 – 1.5g	1.6 – 5g	5g +
Sugar	0 – 5g	5.1 – 15g	15g +
Sodium (Salt)	0 – 120mg	121 – 600mg	600mg +

Evaluation:

This policy will be reviewed as part of the school's three-year review cycle.

This policy was last ratified by School Council in November 2015.